

		LANGUAGE			SKILLS	
		GRAMMAR	PRONUNCIATION	VOCABULARY		
<b>1</b>	<b>What matters</b>				<b>READING</b>	<b>SPEAKING</b>
<b>1A</b>	Formula for happiness p4	<ul style="list-style-type: none"> <li>the present: simple, continuous and perfect aspects</li> <li>adding emphasis (1): cleft sentences</li> </ul>	<ul style="list-style-type: none"> <li>/s/ and /z/</li> <li>intonation in cleft sentences</li> </ul>	<ul style="list-style-type: none"> <li>attitudes and emotions</li> <li>abstract nouns</li> </ul>	<ul style="list-style-type: none"> <li>an article about Gregory Porter's family values</li> <li>dealing with non-literal language</li> <li>past habits</li> </ul>	<ul style="list-style-type: none"> <li>paraphrasing</li> <li>using fillers</li> </ul> <p><b>PERSONAL BEST</b></p> <ul style="list-style-type: none"> <li>a discussion about our most important possessions</li> </ul>
<b>1B</b>	Family values p6					
<b>1C</b>	The right decision p8					
<b>1D</b>	What would you save? p10					
<b>2</b>	<b>Live better</b>				<b>LISTENING</b>	<b>WRITING</b>
<b>2A</b>	Health fact, health fiction p12	<ul style="list-style-type: none"> <li>modal verbs (1) and modal-like forms</li> <li>modal verbs (2): advanced forms</li> </ul>	<ul style="list-style-type: none"> <li>linking modal-like forms with <i>to</i></li> <li>stress patterns with modal verb forms</li> </ul>	<ul style="list-style-type: none"> <li>health and medical treatment</li> <li>life skills and wellbeing</li> <li>verbs and nouns with the same form</li> </ul>	<ul style="list-style-type: none"> <li>a video looking at stress-relieving activities</li> <li>understanding attitude and opinion</li> <li>the disappearing /ə/ in fast speech</li> </ul>	<ul style="list-style-type: none"> <li>giving constructive criticism</li> <li>uses of <i>quite</i></li> </ul> <p><b>PERSONAL BEST</b></p> <ul style="list-style-type: none"> <li>a review of a course</li> </ul>
<b>2B</b>	My quest for quiet time p14					
<b>2C</b>	Missing out? p16					
<b>2D</b>	Highly recommended p18					
<b>1 and 2</b>	<b>REVIEW and PRACTICE</b> p20					
<b>3</b>	<b>Looking back</b>				<b>READING</b>	<b>SPEAKING</b>
<b>3A</b>	Sign of the times p22	<ul style="list-style-type: none"> <li>past time</li> <li>comparison</li> </ul>	<ul style="list-style-type: none"> <li>weak forms of <i>had</i> and <i>been</i></li> <li>/ə/ sound</li> </ul>	<ul style="list-style-type: none"> <li>change and time</li> <li>expressions with <i>come</i> and <i>go</i></li> </ul>	<ul style="list-style-type: none"> <li>an article about the life of Helen Keller</li> <li>understanding text structure and organization</li> <li>narrating the future from the past</li> </ul>	<ul style="list-style-type: none"> <li>reminiscing</li> <li>repairing errors</li> </ul> <p><b>PERSONAL BEST</b></p> <ul style="list-style-type: none"> <li>telling a story about something that happened to you</li> </ul>
<b>3B</b>	A remarkable life p24					
<b>3C</b>	Delicious discoveries p26					
<b>3D</b>	The time of my life p28					
<b>4</b>	<b>Success and failure</b>				<b>LISTENING</b>	<b>WRITING</b>
<b>4A</b>	Brilliant failure p30	<ul style="list-style-type: none"> <li>verb patterns (1): infinitives and <i>-ing</i> forms</li> <li>adding emphasis (2): inversion and <i>do/does/did</i></li> </ul>	<ul style="list-style-type: none"> <li>linking /w/ after <i>to</i></li> <li>sentence stress: emphatic <i>do/does/did</i></li> </ul>	<ul style="list-style-type: none"> <li>success and failure</li> <li>expressions with <i>make</i> and <i>take</i></li> <li>idioms</li> </ul>	<ul style="list-style-type: none"> <li>a video about making mistakes</li> <li>understanding reasons and outcomes</li> <li>linking consonants and vowels</li> </ul>	<ul style="list-style-type: none"> <li>writing a report</li> <li>formal linkers</li> </ul> <p><b>PERSONAL BEST</b></p> <ul style="list-style-type: none"> <li>a report about your progress</li> </ul>
<b>4B</b>	Make more mistakes! p32					
<b>4C</b>	Making it big p34					
<b>4D</b>	Progress report p36					
<b>3 and 4</b>	<b>REVIEW and PRACTICE</b> p38					
<b>5</b>	<b>Entertain us!</b>				<b>READING</b>	<b>SPEAKING</b>
<b>5A</b>	We know what you like p40	<ul style="list-style-type: none"> <li>ellipsis and substitution</li> <li>noun phrases</li> </ul>	<ul style="list-style-type: none"> <li>strong and weak forms of <i>to</i></li> <li>word stress in compound nouns</li> </ul>	<ul style="list-style-type: none"> <li>tastes and opinions</li> <li>verb suffixes</li> </ul>	<ul style="list-style-type: none"> <li>three film reviews</li> <li>understanding tone</li> <li>identifying the subject in long sentences</li> </ul>	<ul style="list-style-type: none"> <li>speculating</li> <li>using repetition</li> </ul> <p><b>PERSONAL BEST</b></p> <ul style="list-style-type: none"> <li>a discussion about changes in your city</li> </ul>
<b>5B</b>	Simply a triumph p42					
<b>5C</b>	Standing out p44					
<b>5D</b>	Everything changes p46					

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<b>6</b>	<b>A sense of community</b>	<ul style="list-style-type: none"> <li>the passive</li> <li>using linkers</li> </ul>	<ul style="list-style-type: none"> <li>unstressed <i>have</i></li> <li>intonation in contrast clauses</li> </ul>	<ul style="list-style-type: none"> <li>neighbours and community</li> <li>word pairs</li> </ul>	 <b>LISTENING</b> <ul style="list-style-type: none"> <li>a video about communal living</li> <li>listening for agreement between speakers</li> <li>sentence stress and rhythm</li> </ul>	<b>WRITING</b> <ul style="list-style-type: none"> <li>writing a proposal</li> <li>softening recommendations</li> </ul> <p><b>PERSONAL BEST</b></p> <ul style="list-style-type: none"> <li>a proposal to improve an aspect of your neighbourhood</li> </ul>
<b>5 and 6</b>	<b>REVIEW and PRACTICE</b>	p56				
<b>7</b>	<b>Modern life</b>	<ul style="list-style-type: none"> <li>verb patterns (2): reporting</li> <li>future time</li> </ul>	<ul style="list-style-type: none"> <li>consonant clusters</li> <li>unstressed words in future forms</li> </ul>	<ul style="list-style-type: none"> <li>technology</li> <li>expressions with <i>world</i> and <i>place</i></li> </ul>	 <b>READING</b> <ul style="list-style-type: none"> <li>an article about e-books and print books</li> <li>understanding the writer's purpose</li> <li>the pronoun <i>it</i></li> </ul>	 <b>SPEAKING</b> <ul style="list-style-type: none"> <li>disagreeing tactfully</li> <li>reaching a decision</li> </ul> <p><b>PERSONAL BEST</b></p> <ul style="list-style-type: none"> <li>roleplaying a conversation with a flatmate</li> </ul>
<b>7A</b>	The world is my office!	p58				
<b>7B</b>	E-books or print books?	p60				
<b>7C</b>	Decisions, decisions!	p62				
<b>7D</b>	Spend or save?	p64				
<b>8</b>	<b>Inspire and innovate</b>	<ul style="list-style-type: none"> <li>relative clauses with quantifiers and prepositions</li> <li>mixed conditionals and alternatives to <i>if</i></li> </ul>	<ul style="list-style-type: none"> <li>sentence stress</li> <li>weak forms</li> </ul>	<ul style="list-style-type: none"> <li>science and discovery: word families</li> <li>nouns from phrasal verbs</li> </ul>	 <b>LISTENING</b> <ul style="list-style-type: none"> <li>a video about concentration</li> <li>identifying signposting language</li> <li>changing consonant sounds</li> </ul>	<b>WRITING</b> <ul style="list-style-type: none"> <li>opinion and discussion essays</li> <li>cohesion</li> </ul> <p><b>PERSONAL BEST</b></p> <ul style="list-style-type: none"> <li>writing an opinion or discussion essay</li> </ul>
<b>8A</b>	I've found it!	p66				
<b>8B</b>	In the zone	p68				
<b>8C</b>	What if ... ?	p70				
<b>8D</b>	Role models	p72				
<b>7 and 8</b>	<b>REVIEW and PRACTICE</b>	p74				
<b>9</b>	<b>Connections</b>	<ul style="list-style-type: none"> <li>participle clauses</li> <li>past forms for unreal situations</li> </ul>	<ul style="list-style-type: none"> <li>intonation in participle clauses</li> <li>sentence stress</li> </ul>	<ul style="list-style-type: none"> <li>friendship and love</li> <li>commonly confused words</li> </ul>	<b>READING</b> <ul style="list-style-type: none"> <li>an article about the benefits of friendship</li> <li>locating specific information</li> <li>reflexive and reciprocal pronouns</li> </ul>	 <b>SPEAKING</b> <ul style="list-style-type: none"> <li>stating preference</li> <li>supporting your opinions</li> </ul> <p><b>PERSONAL BEST</b></p> <ul style="list-style-type: none"> <li>roleplaying a conversation about a dilemma</li> </ul>
<b>9A</b>	Unlikely friendships	p76				
<b>9B</b>	With a little help from my friends	p78				
<b>9C</b>	Getting together	p80				
<b>9D</b>	Dilemma	p82				
<b>10</b>	<b>Being human</b>	<ul style="list-style-type: none"> <li>distancing language</li> <li>adverbs and adverbial phrases</li> </ul>	<ul style="list-style-type: none"> <li>emphasizing uncertainty</li> <li>word stress</li> </ul>	<ul style="list-style-type: none"> <li>humans and self</li> <li>verbs with <i>re-</i>, <i>over-</i>, <i>mis-</i></li> <li>adverb collocations</li> </ul>	 <b>LISTENING</b> <ul style="list-style-type: none"> <li>a video looking at human achievements</li> <li>understanding precise and imprecise numbers</li> <li>final /t/ and /d/ sounds</li> </ul>	<b>WRITING</b> <ul style="list-style-type: none"> <li>summarizing data</li> <li>cautious language</li> </ul> <p><b>PERSONAL BEST</b></p> <ul style="list-style-type: none"> <li>a summary of data about leisure activities</li> </ul>
<b>10A</b>	Humans vs animals	p84				
<b>10B</b>	Breaking boundaries	p86				
<b>10C</b>	Faith in humanity	p88				
<b>10D</b>	A growing trend	p90				
<b>9 and 10</b>	<b>REVIEW and PRACTICE</b>	p92				