

All about me

LANGUAGE

simple present and adverbs and expressions of frequency ■ personality adjectives

1A The only friends you need

- 1 Here are some words to describe a good friend. Order the words from 1 (very important) to 6 (less important).

honest funny patient nice polite generous



Go to Vocabulary practice: personality adjectives, page 136

- 2 Read the introduction to the text. Are the sentences true (T) or false (F)?

- 1 You need lots of friends to be happy. _____ 3 It is important to have different types of friends in your life. _____
 2 There are four different types of friends. _____

- 3 **A** 1.3 Match the types of friends in the box with descriptions 1–4. Listen and check.

The super planner The party animal The good listener The straight talker

- B** Do you have any friends like these? What type of friend are you?

THE FOUR FRIENDS YOU NEED

We all know that friends are important ... but do we have the "right" friends? Dr. Adam Greenberg, a psychologist, doesn't think we need lots of friends to be happy. Instead, he says it's more important to have different types of friends. He believes that there are four types of friends, and they all help us in different ways. So, what are these four friends like?



1 _____
 You share everything with these friends and often tell them all your secrets. They're patient when you call them late at night with a problem and never complain when you tell them the same stories, over and over again!



2 _____
 These friends know you very well, and they're honest ... really honest. They always tell you the truth, even when you don't want to hear it. But this is because they care about you and don't want you to make a mistake and get hurt.



3 _____
 These friends are very sociable, and you usually have a good time when you're with them. They're very funny and make you laugh when you're sad. All your friends and family love them, too. With friends like these, life is never boring!



4 _____
 These friends are very organized, but they're sometimes a little serious. They hardly ever forget important dates, like your birthday! They're very busy and have lots of things to do every day, but they always find time to have coffee with you.

- 4 Choose the correct words to complete the sentences. Check your answers in the text.

- 1 Do / Does we have the "right" friends?
 2 Dr. Greenberg don't / doesn't think we need lots of friends to be happy.
 3 He say / says it's more important to have different types of friends.
 4 They don't / doesn't want you to make a mistake and get hurt.
 5 You usually have a good time when you is / are with them.
 6 They hardly ever forget / forgets important dates.

5 A Complete the diagram with the adverbs of frequency in the box.

hardly ever never often usually

100% 0%

always 1 _____ 2 _____ sometimes 3 _____ 4 _____

B Underline the adverbs of frequency in the text and complete the rule. Then read the Grammar box.

Adverbs of frequency go *before* / *after* most verbs, but they go *before* / *after* the verb *be*.



Grammar simple present and adverbs and expressions of frequency

Things that are always true:

Does Ahmet live in Ankara? No, he **lives** in Istanbul.
Do you speak Spanish? Yes, I **speak** a little.

Routines and habits:

How often do you see him? I **usually see** him on the weekends.
How often are you late? I'm **never** late!

Look! We also use expressions of frequency for regular routines e.g., *once a week, every month*



Go to Grammar practice: simple present with adverbs and expressions of frequency, page 112

6 A 1.5 **Pronunciation: final -s/-es sound** Listen and repeat the sentences. Then match the verb endings in **bold** with the sounds: /s/, /z/, or /əz/.

1 She likes **Italian** food. _____ 2 He **teaches** at the university. _____ 3 My brother knows **him**. _____

B 1.6 How do you say the verbs? Listen, check, and repeat.

believes says **changes** thinks uses wants goes **watches** hopes

7 A Add adverbs and expressions of frequency to make sentences about your partner.

She usually takes the bus to work. He takes the bus to the university every day.

- | | |
|---|---|
| 1 He/She takes the bus to work/college. | 4 He/She drinks coffee in the mornings. |
| 2 He/She goes to bed at 11:00 p.m. | 5 He/She watches movies in English. |
| 3 He/She is patient. | 6 He/She is late for class. |

B Read your sentences to your partner. He/She will tell you if you are correct.

Go to Communication practice: Student A, page 158; Student B, page 166

8 Read the text about two friends. Complete the text with the correct form of the verbs in the box.

get have not have invite like think



MY BEST FRIEND IS THE EXACT OPPOSITE OF ME

Lots of people ¹ _____ I'm really serious, and that I never go out, but that's not true! I'm very hard-working, and my job at the bank is difficult, so I ² _____ much free time. I play the guitar in a jazz group, and we usually practice two or three times a week.

I ³ _____ cooking, so I often ⁴ _____ people over to my house for dinner.

My best friend is Luca. He's the singer in the group, and he's completely different from me. He's a college student and, to be honest, he's a little lazy and hardly ever

⁵ _____ to class on time. But he's funny and generous, and we always

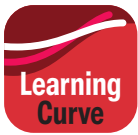
⁶ _____ a great time when we go out.



9 A Choose a friend and tell your partner his/her name.

B In pairs, use the prompts to ask and answer questions about your friends.

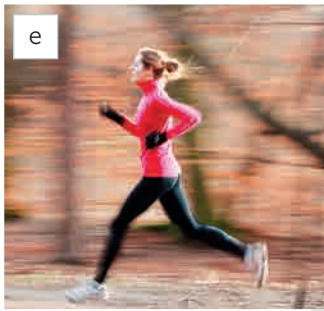
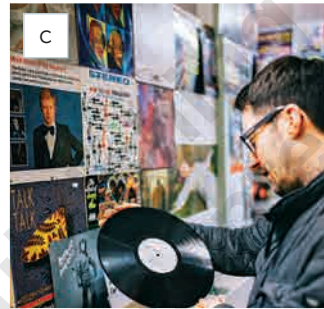
- | | |
|--------------------------------|--|
| 1 What / be / he/she / like? | 5 How often / you / talk to / him/her? |
| 2 Where / he/she / live? | 6 What / you / usually / talk about? |
| 3 What / he/she / do? | 7 How often / you / see / him/her? |
| 4 Where / he/she / work/study? | 8 Where / you / meet / him/her? |



1B 21st century hobbies

1 Match the activities in the box with pictures a–h.

get together with friends go to concerts bake cupcakes play chess
go on social media collect records get (some) exercise shop online



2 In pairs, ask and answer the questions *Do you ...?* and *How often do you ...?* for the activities in exercise 1.

A *Do you collect records?*

B *No, I don't.*

A *How often do you get some exercise?*

B *I go to the gym once or twice a week.*

Personal Best

Go to **Vocabulary practice**: hobbies and socializing, page 137



Skill listening for the main idea

It is important to understand the main idea when someone is speaking.

- Think about who is speaking and what he/she is talking about.
- Don't worry if you don't understand all the words.
- Remember that speakers often talk about the main ideas more than once.

3 1.8 Read the Skill box. Watch or listen to the beginning of a webshow called *Learning Curve* and check (✓) the main idea.

- 1 People have less time for socializing today.
- 2 Many popular hobbies are now online.
- 3 Old hobbies are becoming popular again.

4 A 1.8 Watch or listen again. Complete the chart with the online activities Kate mentions.

Traditional activity	Online activity
play team sports	
take cooking classes	
go to a shopping center	
go out to meet new people	

B In pairs, think of more traditional activities that you can now do online.

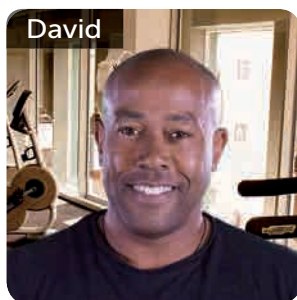




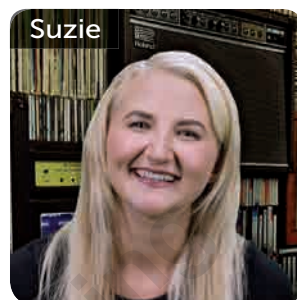
5 **▶ 1.9** Watch or listen to the second part of the show. Choose the correct options to complete the sentences about the main ideas.



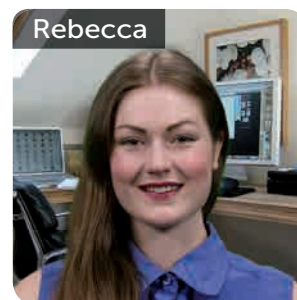
Viktor



David



Suzie



Rebecca

- 1 Viktor ...
 - a plays chess a lot.
 - b does lots of activities online.
 - c meets up with friends every day.
- 2 David ...
 - a likes computers.
 - b exercises at home.
 - c prefers exercising at the gym.
- 3 Suzie ...
 - a downloads lots of music.
 - b prefers to relax at home.
 - c does her hobby with other people.
- 4 Rebecca ...
 - a does lots of activities online.
 - b doesn't like meeting new people.
 - c spends lots of time with her family.

6 **▶ 1.9** Watch or listen again. Are the sentences true (T) or false (F)?

- | | |
|--|--|
| 1 Viktor plays chess with friends every day. _____ | 4 Rebecca makes videos of her cat. _____ |
| 2 David goes to the gym five times a week or more. _____ | 5 Kate only likes traditional hobbies, _____ |
| 3 Suzie loves music from the 1980s. _____ | like rock climbing. _____ |

7 A Ask your classmates the questions in the boxes and write down their answers.

What do you do in your free time?

Do you have any online hobbies?

B Do you think online hobbies are more popular than traditional hobbies?

8 **▶ 1.10** In pairs, complete the sentences from the show with the contractions in the box. Listen and check.

don't I'm he's that's what's can't

- | | |
|-----------------------------------|---------------------------------------|
| 1 _____ your name? | 4 You _____ do that online! |
| 2 _____ really enjoying the game. | 5 I use it when _____ not at the gym. |
| 3 Computers _____ interest me. | 6 Wow, Suzie, _____ amazing! |

Listening builder **contractions**

When people speak, they usually make contractions:

We do not get together with friends. → We don't get together with friends.

She is not very athletic. → She's not very athletic. / She isn't very athletic.

I am ready to go rock climbing. → I'm ready to go rock climbing.

9 **▶ 1.11** Read the Listening builder. Listen and circle the contractions you hear.

- | | |
|--|---|
| 1 We're / We aren't / We can't | 4 It's / It isn't / It doesn't |
| 2 He's / He isn't / He doesn't | 5 They don't / They can't / They aren't |
| 3 My teacher's / My teacher's not / My teacher isn't | 6 I'm / I'm not / I don't |

10 Discuss the questions in pairs.

- | | |
|--|--|
| 1 Is it important to have a hobby? Why/Why not? | 4 Are your hobbies different now from when you were a child? If so, how? |
| 2 What hobbies are most popular in your country? | 5 Can you think of any dangerous hobbies? Would you like to try them? Why/Why not? |
| 3 Do men and women usually like different hobbies? | |

1C Famous families

- 1 Who are musicians a–c? In pairs, match them with their relatives: Anaïs, Skip, and Eve. Read the text and check.

THE NEXT GENERATION OF STARS



Their faces may look familiar, but if you're wondering who these cool young people are, the clue is in their names. Meet the children—and grandchildren—of some of music's biggest stars.

Anaïs Gallagher is the daughter of Noel Gallagher, former guitarist and songwriter with Oasis. In our photo, she's wearing a gold hat and already looks like a star! Anaïs, 16, goes to school in London and is currently hosting a music and fashion show on children's TV. She lives in London with her mom and, in the future, she wants to be a movie director.



Skip Marley wears his hair in dreadlocks and looks just like his famous grandfather, Bob. He's just 20, but he's also a musician who sings and plays the guitar, the piano, and the drums. He lives in Miami, where he's studying business administration in college. Right now, he's recording some new songs and planning to go on tour.



Eve Hewson is the daughter of Paul Hewson, better known as Bono, from the rock band U2. Eve, 25, is an actress and is living in New York right now, where she's playing the part of a nurse on a TV series. Does she miss her hometown of Dublin? Yes, but her sister and a lot of her friends from home live nearby, and her parents often visit.

With so much talent—never mind those famous connections—we can expect to see a lot more of Anaïs, Skip, and Eve in the future.



- 2 Read the text again. Complete the sentences with the correct name: *Anaïs*, *Skip*, or *Eve*.
- _____ lives in Miami.
 - _____ is wearing a white hat in the photo.
 - _____ goes to school in London.
 - _____ is living in New York right now.
 - _____ 's parents often visit.
 - _____ is recording some new songs right now.
- 3 **A** Underline the verbs in exercise 2. Which verbs are simple present and which are present continuous? What is the difference between them?
- B** Choose the correct tenses to complete the rules. Then read the Grammar box.
- We use the *simple present* / *present continuous* to talk about actions that are happening now or actions that are temporary.
 - We use the *simple present* / *present continuous* to talk about things that happen regularly or things that are always true.



Grammar present continuous and simple present

Things that are happening now or are temporary:

*She's **living** in Lima right now.*

*I'm **not wearing** my glasses.*

*Is she **working** in Paris today?*

Things that happen regularly or are always true:

*He **lives** in Istanbul.*

*They **don't wear** coats in the summer.*

*Do you **work** as a teacher?*

4 A **1.13 Pronunciation: -ng sound** Listen and repeat the words. Pay attention to the /ŋ/ sound.

bringing meeting running singing studying song taking young

B **1.14** Practice saying the sentences. Listen, check, and repeat.

- 1 She's wearing a long coat.
- 2 She's carrying a long coat.
- 3 He's bringing me a strong cup of coffee.
- 4 He's taking a strong cup of coffee to the meeting.

5 Match the sentences in exercise 4B with pictures a–d.



Go to Vocabulary practice: useful verbs, page 138

6 A Choose the correct form of the verb to complete the questions.

- 1 What clothes do you wear / are you wearing today?
- 2 Do you have / Are you having a dictionary with you?
- 3 What do you look forward to / are you looking forward to this year?
- 4 Do you think / Are you thinking it will rain today?
- 5 What clothes do you usually wear / are you usually wearing if you go to a party?
- 6 What do you do / are you doing right now?

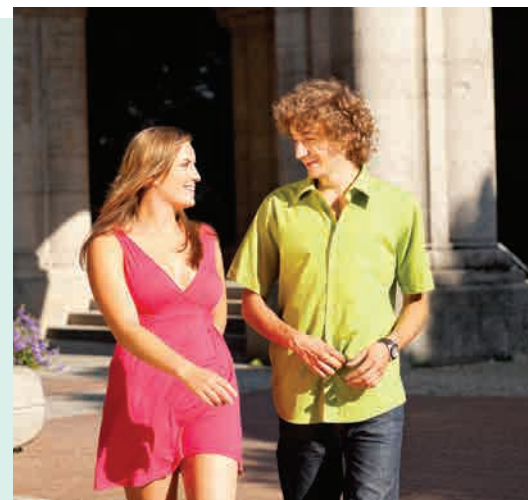
B In pairs, ask and answer the questions.

Go to Communication practice: Student A, page 158; Student B, page 166

7 **1.16** Complete the conversation with the simple present or present continuous forms of the verbs in the box. Listen and check.

meet work (x2) be do (x2) write not know not join

Ruben Karen!
Karen Hi, Ruben. How ¹ _____ you?
Ruben I'm fine, thanks. What ² _____ you _____ here?
Karen I ³ _____ my sister for lunch at a café.
Ruben Oh, great. What ⁴ _____ she _____?
Karen She ⁵ _____ at a bank.
Ruben Here downtown?
Karen Not normally, but she ⁶ _____ at the main office this week. Hey, why ⁷ _____ you _____ us for lunch?
Ruben OK, but your sister ⁸ _____ me.
Karen Don't worry. It'll be fine. So, how's college?
Ruben Good, but I'm really busy. I ⁹ _____ my senior project right now, so ...



8 Imagine you meet your partner on the street. Ask and answer the questions in pairs.

- 1 How are you?
- 2 What are you doing here?
- 3 Where are you working/living right now?
- 4 How's it going?
- 5 How's your ...?
- 6 What does he/she do?
- 7 What's he/she like?
- 8 What's he/she doing now?

1D Me in three objects

- 1 Read the blog and look at the pictures. Discuss the questions in pairs.
- 1 What can you find out about Sasha, Brady, and Julio?
 - 2 Who do you think is the most interesting?
 - 3 Who do you think is most similar to you?
 - 4 Is it possible to know what someone is like by looking at the things he/she owns?

MSD COLLEGE
Learning for life

REPLIES: You in three objects . . .

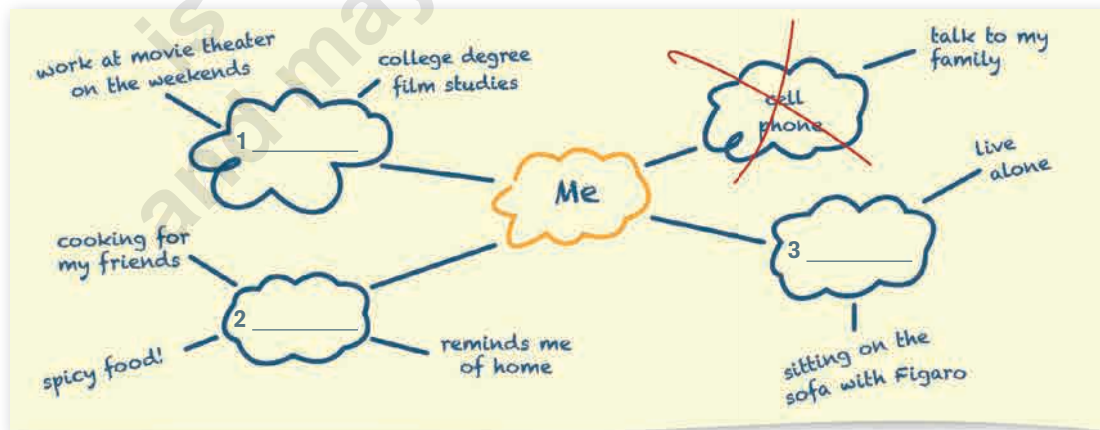
You in three objects . . .

POSTED:
November 5, 16:00

You can discover a lot about people by looking at the objects that are important to them. Post photos of three things that represent you, tell us why they are important, and, introduce yourself to the rest of the class!

Sasha				POSTED: November 5, 18:26 SEE MORE ...
Brady				POSTED: November 5, 18:44 SEE MORE ...
Julio				POSTED: November 6, 09:15 SEE MORE ...


- 2 Look at the mind map. Who drew it: Sasha, Brady, or Julio? Complete the diagram with the correct objects. Then read the Skill box.



Skill making notes

Making notes before you write is a good way to plan your work.

- Write as many ideas as you can about the main topics.
- Use diagrams like mind maps to see the ideas more clearly.
- Choose the best ideas and organize them into paragraphs.

- 3 A** Look at the mind map again. Which idea doesn't Julio use? How many paragraphs do you think he'll write?
- B** Read Julio's blog post in exercise 4 and check your answers to the questions above.
- 4**  1.17 Complete Julio's blog post with the simple present or present continuous form of the verbs in the box. Listen and check.

not agree love cook work live sit watch study

B

Julio's blog

First, I chose a photo of Figaro, my cat, **because** he's very important to me. I ¹ _____ alone right now, so it is good to see a friendly face when I come home. I ² _____ animals, especially cats. In the photo, he ³ _____ on the sofa with me. He often sits with me, and we watch movies together.

I ⁴ _____ at a college in the U.S. now, but I'm from Mexico. **That's why** I also chose Mexican food. I love spicy food, and I often ⁵ _____ a big meal and invite all my friends over for dinner. It's great to get together with friends and, when I taste the food, I remember my friends and family back home.

I chose some movie tickets, because I work at a local movie theater on the weekends. I ⁶ _____ on a degree in film studies, **so** movies are a really important part of my life. Some people say I ⁷ _____ too many movies, but I ⁸ _____. I want to be a movie director, and I learn something new from every movie I watch.

- 5** Look at the phrases with the **highlighted** words in the text. Answer the questions.
- What type of information comes after *because*? *a reason for something / a result*
 - What type of information comes after *That's why* and *so*? *a reason for something / a result*



Text builder expressing reasons and results

Reasons: *I chose a photo of my cat **because** he's very important to me.*

Results: *My cat is very important to me, **so** I chose a photo of him.*

*My cat is very important to me. **That's why** I chose a photo of him.*

- 6 A** Read the Text builder. Complete the sentences *with because, so, or That's why!*
- I think it's really important to stay in shape, _____ I go running every morning.
 - I didn't choose my cell phone _____ everybody has one, and it's not very special.
 - I design websites and I'm always connected to the Internet. _____ I chose my laptop.
 - My backpack is important to me _____ it reminds me of my trips to lots of countries.
 - I love art, but I'm too shy to take a picture of one of my paintings. _____ I chose my paints, instead.
- B** Who wrote the sentences: Sasha, Brady, or Julio?
- 7 A** Complete the sentences with your own ideas. Write three true sentences and three false sentences.
- | | |
|---|---|
| 1 My favorite _____ is _____ because ... | 4 It's really important to _____, so I always ... |
| 2 I think _____ is very _____, so I ... | 5 I am _____ right now because ... |
| 3 I'm a very _____ person. That's why I never ... | 6 I'm terrified of _____. That's why ... |
- B** Listen to your partner's sentences. Which sentences do you think are true?
- 8 A** **PREPARE** Draw a mind map of some objects that represent you. Then add reasons why the things are special. Look at your diagram and choose three objects you want to include in your blog post.
- B** **PRACTICE** Write a blog post with the heading *Me in three objects*. Use your notes from Stage A to help you organize the paragraphs.
- C** **PERSONAL BEST** Exchange blog posts with your partner. Read his/her work and correct any mistakes. How could they improve it?